

PENNSYLVANIA GESTALT CENTER

For Psychotherapy & Training

1434 Treeline Drive Malvern, PA 19355 (610) 251-0945 • fax (610)-251-9262
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“Intimate Connections”



Friday, January 30 to Sunday, February 1, 2009

Would you like to create positive change in your relationships
with family, friends, lovers, and partners?

Join us in this workshop and increase your Partnerability!

Has creating stable and fulfilling relationships been a challenge for you? To be successful, human relating must be understood and accepted as an activity and ability that requires movement, purpose, emotional capacity, and contact skills. People often believe that good relating evolves naturally, but they discover in the routine of living with families, friends, and lovers that, in truth, they have not been adequately prepared to meet the demands of loving relationships. This highly intensive workshop will give you a greater understanding of the nature and basic requirements of healthy relationships. You will learn to assess your abilities and disabilities, to develop new relationship skills, to increase self-awareness, and to practice risking positive action with others. Come join us for this important event. Both singles and couples are welcome.

Individual Work Space.....\$460 Group Space.....\$310

Individual work space participants have a time to do “hotseat” work with Mariah and the group. Group participants share in group exercises and are involved as observers of hotseat work. There are a limited number of overnight accommodations available at \$120 for the weekend, double-occupancy.

When: Friday at 7:30pm, through Sunday at 5:00pm

Location: Workshop is held at Temenos Retreat Center in West Chester, PA. Healthy meals and snacks are provided.

Reservations: A non-refundable deposit of \$200 reserves your space for a weekend workshop. Please indicate whether you want an individual or a group spot and would like overnight accommodations. Please call our Center at **610-251-0945** for reservations. Visa and Mastercard are accepted.

Insurance: All of our programs may be eligible for health insurance reimbursement. Check your policy and contact our Center for more information.

STAFF

Mariah Fenton Gladis, M.S.S., Q.C.S.W., is the Founder and Director of the Pennsylvania Gestalt Center and is on the faculty of Esalen Institute. Mariah has over 30 years experience as a psychotherapist and Gestalt Trainer.

Dori Middleman, M.D., co-leads workshops and training at the Center and is Founder and Director of the Center for a Healthy World, a volunteer-driven psychotherapy and training cooperative. Dori is a board-certified psychiatrist in private practice seeing children and adults and families.

Mark Putnam, M.D., co-leads workshops and training at the Center, and is Medical Director, Department of Psychiatry, at St. Joseph's Hospital in Reading, PA. Mark is a board-certified psychiatrist in private practice seeing children, adolescents, and adults.

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