

# PENNSYLVANIA GESTALT CENTER

**For Psychotherapy & Training**

1434 Treeline Drive Malvern, PA 19355 (610) 251-0945 • fax (610)-251-9262  
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## “Intimate Connections”

With

**Mariah Fenton Gladis • Dori Middleman • Mark Putnam**



**Friday Evening, January 27 to Sunday, January 29, 2012**  
**CEUs Available**

Would you like to create positive change in your relationships with family, friends, lovers, and partners? Join us in this workshop and increase your Partnerability! This workshop is for individuals or couples.

Successful human relating is an activity and an ability that requires movement, purpose, emotional capacity, and contact skills. At a recent workshop, we recorded some of the ways people said they use to avoid contact in the world. Negative self-talk. Taking care of others. Getting busy. Analyzing. Disconnecting. Fear of risk. Judgment. Getting angry. Self-censoring. Using humor. Isolating. Intellectualizing. Become peacemaker. Prioritizing others. Withdrawing. Are you in there somewhere?

In this workshop you will learn to assess your abilities and disabilities, to deepen your relationships and capacity to love, to develop new relationship skills, to increase self-awareness and to practice risking positive action with others. It also offers significant educational value for professionals who are involved with human development. Come join us for this important event. Individual Work Space—\$475 Group Space—\$325

*Individual work space participants have a time to do “hotseat” work with Mariah and the group. Group participants share in group exercises and are involved as observers of hotseat work. There are a limited number of overnight accommodations available at \$140 for the weekend, double-occupancy.*

**When:** Friday at 7:30pm, through Sunday at 5:00pm

**Location:** Workshop is held at Temenos Retreat Center in West Chester, PA. Healthy meals and snacks are provided.

**Reservations:** A non-refundable deposit of \$200 reserves your space for a weekend workshop. Please indicate whether you want an individual or a group spot and would like overnight accommodations. Please call our Center at **610-251-0945** for reservations. Visa and Mastercard are accepted.

**CEUs:** This program has been approved by the Pennsylvania Board of Social Work Examiners for 21 contact hours of continuing education toward PA/LSW licensure renewal.

**Recommended Reading** – *Tales of a Wounded Healer* by Mariah Fenton Gladis. [www.wounded-healer.com](http://www.wounded-healer.com)

### STAFF

**Mariah Fenton Gladis, MSS, LCSW, BCD**, is the Founder and Director of the Pennsylvania Gestalt Center.

**Dori Middleman, M.D.**, is Founder and Director of the Center for a Healthy World.

**Mark Putnam, M.D.**, is Medical Director for the Department of Psychiatry at St. Joseph Medical Director, and for Haven Behavioral Hospital in Reading, PA.