

PENNSYLVANIA GESTALT CENTER

For Psychotherapy & Training

What is Gestalt?

And How Can It Change My Life?

An Evening Demonstration

Tuesday Evening from 6:30 to 9:30PM
April 29th, 2008

Call the Center @ 610-251-0945 or E-Mail PAgestalt@comcast.net to Register
Visit our website at www.gestaltcenter.com for more information.

Are you a human services professional or someone intensely interested in personal growth? These evening demonstrations are an excellent way for you to learn the theory behind Gestalt, and to experience some basic Gestalt awareness concepts. Clinicians, administrators, and consultants in human services, education, health, business, and organizational development have found that Gestalt techniques have enriched and expanded their skills for working with people, groups, and organizations. Others have learned Gestalt principles to help create positive changes in their lives with family, friends, and themselves.

Our Center believes that knowledge of how to mend emotional damage should not just be reserved to professionals but must become disseminated into the general population. It takes healthy people with this know-how to create and maintain productive and harmonious relationships in their families, their community and the world.

This exciting demonstration will allow you to experience our Center's special blend of Gestalt with a discussion of the Awareness and Contact Cycle and its applicability to clinical practice and daily life. Mariah Gladis will also give an experiential demonstration of a piece of Gestalt work with a volunteer, followed by a discussion of the how the gestalt theory applies to that work. Bring along a friend to join us in these exciting demonstrations, and while you're here, take the opportunity to meet our excellent staff and learn about our programs. Cost is \$10.

MARIAH FENTON GLADIS, M.S.S., L.S.W., is Founder and Director of the Pennsylvania Gestalt Center and is on the faculty of the Esalen Institute. Mariah has over 28 years experience as a workshop leader, psychotherapist, and trainer.

DORI MIDDLEMAN, M.D., co-leads workshops and training at the Center and is Founder and Director of the center for a Healthy world, a volunteer-driven psychotherapy and training cooperative. Dori, a board-certified psychiatrist, is in private practice seeing children, adults and families.

MARK PUTNAM, M.D., co-leads workshops and training at the Center and is Medical Director, Department of Psychiatry, at St. Joseph's Hospital in Reading, PA. Mark is a board-certified psychiatrist in private practice seeing children, adolescents, and adults.

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